

2019 年 12 月 1 日 (上午场) 托福口语写作独立题范文

启德产品中心

## **Speaking Independent Tasks 口语独立题**

### ➤ **Task 1**

#### **[Question]**

Do you agree or disagree with the following sentence:

With the increasing popularity of technology, parents should control children's access to social media.

#### **[Response]**

Yeah, in general I agree that it's a good idea for parents to put some sort of control on how much their kids use social media.

The first reason that I believe this is because kids can become addicted to social media and it's really important for them to get outside and learn how to communicate with people face to face. I recently read that a lot of younger people are actually struggling with talking in person because they have so little experience doing it.

On top of that, parents should limit kids time on social media because there's

just a lot of dangers that the kids aren't aware of. We see a lot of news stories about criminals using social media to kidnap kids or something.

### **Writing Independent Task 写作独立题**

#### **[Question]**

When giving feedback to your classmates or co-workers, would you first give the positive or negative feedback first?

#### **[Response]**

We spend so much of our student life practicing how to perform, but we hardly ever think about how to respond to others when they perform. The skill of giving good feedback is incredibly valuable for both school life and work life. It's important to give criticism so that we can improve, but it's also important to be able to give that criticism in a way that doesn't make people upset. Therefore, I prefer to start with the positive feedback and then move on to the negative feedback.

First off, starting with the positive feedback is a good idea because it's important to first build up the confidence of the person you're talking to. No matter how many times you do a presentation or go out to play a sport in front of an audience, you're still going to feel a little nervous. You feel nervous

because you're vulnerable; all of those people are watching you and you believe that they'll see every mistake you make. I remember hearing a professional comedian talk about being nervous before going on stage, and this guy had been performing comedy every week for over thirty years. So, when you give feedback to someone you should start with building up their confidence.

Secondly, giving the negative feedback last is best because it gives you more time to work through that criticism. The positive feedback is really helpful, but it doesn't take as much time. You're telling the person that they did something good, and they'll remember it so they can keep doing that in the future. However, the negative feedback is the part that takes time. You're telling someone they did something wrong, so then that person needs to figure out how to fix the problem. If you end with the negative feedback, this allows you to take as much time as you need to work through these problems because you've already gotten the positive feedback out of the way.

In the end, giving feedback to friends and colleagues is a useful skill. There are good ways and bad ways to give feedback, and I've shown in this essay why the best way is to start with the positive feedback and then move to the negative feedback.

## 【范文分析】

### 高分词组

build up the confidence of	建立某人的信心
hear a professional comedian talk about	听到专业喜剧演员谈论...
be nervous before going on stage	上台前紧张
perform comedy	表演喜剧
work through that criticism	推敲那些批评
figure out how to fix the problem	找出解决问题的方法
end with the negative feedback	以负面反馈结束
get the positive feedback out of the way	把积极的反馈置之脑后

### 实用句型

1. ***The skill of giving good feedback is incredibly valuable for both school life and work life.***

***“The skill of ... is incredibly valuable for both school life and work life.”*** 意思是...的技能对学校生活和工作生活都是极其宝贵的，我们可以代入各种词组，如 communicating with people from different family backgrounds 等等。我们要学会利用范文中的好词好句，内化为自己的语言。

***2. There are good ways and bad ways to give feedback, and I've shown in this essay why the best way is to start with the positive feedback and then move to the negative feedback.***

“There are good ways and bad ways to..., and I've shown in this essay why the best way is to ...” 意思是有好的方法也有坏的方法来做...，我在这篇文章中向大家展示了为什么最好的方法是....

### 篇章结构

First off, starting with the positive feedback is a good idea because it's important to first build up the confidence of the person you're talking to. No matter how many times you do a presentation or go out to play a sport in front of an audience, you're still going to feel a little nervous. You feel nervous because you're vulnerable; all of those people are watching you and you believe that they'll see every mistake you make. I remember hearing a professional comedian talk about being nervous before going on stage, and this guy had been performing comedy every week for over thirty years. So, when you give feedback to someone you should start with building up their confidence.

作者用“first off”引出了自己的第一个论点，“先给积极的评价可以树立别人的信心”，接下来解释说所有人在观众面前都会有紧张感的。然后举了一个喜剧演员的例子，虽然他不断地在演出，但是现在上台之前他还是会紧张。这个例子

佐证了积极的评价很重要，我们要帮助他人建立自信这一分论点。

